THE TRVE AND *perfect order to distill oyles* out of al maner of spices seedes, rootes, and gummes with their perfect taste, smel, and sauour: where vnto is added some of their vertues gathered out of sundry auc-thors.

As Gualterius, Riffius, Guinthery Andernaty, Phillipus, Hermanus, Leonardo, Phirauante, Phallopius, Cardanus.

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¶ Here beginneth the true order to make oiles of all manner of ſpiſes, Seades, Rootes and Gumes, with their vertues gathered out of diuers and ſundry auth ꝛs.

To make oyle of ſcinamond.

TAke Scinamond as much as ye wil and ſtampe it groſely, than put it into a glaſſe with pure Aquauite and ſo let it ſtand v. or vi. dayes, than diſtill it with a ſmall fire and there wil come forth both oyle & water, the which ye ſhall ſeperate one from another for the oyle wil ſinke to the bottom, ſome vſe to diſtill it with wine and ſome with Roſe water, ye ſhall vnderſtand that this oyle is of a marueilous nature for it perceth through fleſhe and bones and is very hote and dry. & therfore it is good againſt all colde and moyſt deſeaſes, and in ſpecially for the harte, and head in ſo much that if a man did lie ſpecheles and could ſcant draw his breth it would preſently recouer him againe, ſo that hys time be not yet come, moſt miraculous to ſee, and to be ſhorte this oyle is of ſuch operation and vertue that if a man drinke ne-

uer so little therof he shall fele the wo?king therof in his fingers and tooes, with great maruell and therefo?e to shut vp the some of his vertues it perceth tho?ow the whole body and helpeth al diseases, that are come tho?ow colde and flegmatike matter, this oyle is hot and sharpe, it disgesteth and maketh thine and d?iueth down wemens terremes, it helpeth wemen that haue great paine and smart in their trauell, and b?inging fo?th their frute, if ye geue the patient a little of this oyls with oyle of My?re in wyne to d?inke and anoynt the parts therwith, the face and handes being anointed with this oyle it d?iueth away the messells and spotes, it warmeth the b?east & helpeth the colde cough, it consumeth all cold fires, that p?ocœdeth from the b?aine and head, the tempels and nostrelles anoynted therwith, taketh away paines of the head and causeth quiet slæpe, this oyle may be occupied in stead of the naturall balme fo? manie diseases, ye shall note that this water is also good against the afo?esaid diseases, but yet nothing of such fo?ce and strength fo? one d?op of oyle will do mo?e than vi. spoonfulles of the water, *Gualterius riffus & Philippus Hermanus.*

To

This oyle is made in the same order as ye did make the oyle of Scinamond and sinketh also to the bottome of the wytter the which ye shal seperate and keepe close, and his vertues are these. It strengtheneth the braine, head and heart and reuiueth the spirites, it seruеth against all colde diseases it taketh away all euill fleames being outwardly aplyed, it hath great vertue in healing and may be occupied in stead of naturall balme for wounds, one or two dropes taken in the morning with wine helpeth a stinking breth, this oyle maketh the harte merrie and clenseth the fylthines therof & openeth the lyuer that is stopped, being put into the eye it cleareth the sight, it comforteth a colde stomacke and rauseth good disgestion, it purgeth melancoly, *Riffius*.

To make oyle of Nutmeges.

This oyle is made in the same order as ye made the oyle of Scinamond, but it will swime vpon the top of the water and is very clere and pure and with very little heate or with the beate of the sunne it will flie away, therefore keepe it close in a glase,

if ye will distill this oyle againe in balneo, ye may kæpe it an hundred yeeres in his perfect strength and vertue, & his vertues are these, it driueth down wemens termes and also the quicke and the dead fruite and therefore women with childe shall not occupie this oyle, vntill such time as they be in trauell with child, and than it causeth thē to be faire deliuered without paine & danger, being dronke with wyne it taketh away all paines of the head cōming of colde it comforteth the maw, and openeth the lyuer mylte and kydnes, and such like: it is excellent against beating of the harte and faintnesse and sounding being dronke and annoynted with this oyle vnder the left breast, on the Region of the hart, it maketh good blod, and expelleth Flegmatike and melancolicke humors, and maketh a man merrie: being vsed at night it taketh away all fances and dreames: if any had a wound or bad broken a rybbe within him with a fal, let him drinke this oyle with any slight wounde drinke, and it will helpe him, although he were almost dead: it is good in all filthie sores which be called vncurable it is also precious for all colde diseases of the ioyntes, & sinowes. It maketh a sweete breath, if the splene be swell ye shall anoint there-

therewith the lefte side and it wyll ease it.
Philippus Hermanus.

To make oyle of Peper.

THis oyle is distilled in manner as is afore saide and will swym vppon the water and is very clere, and his vertues are these, this oyle hath more vertue then the Peper had in perring and specially in the collike and other weake places fylled with Fleme, if ye take thereof .iii. oz. iiii. dropes with one scruppell of the Juyse of Quinces two houres afore the fyte, after that the body is wel purged and let blod, it stayeth also the shaking at the firste time or elsse at the second, and taketh away the fyt, ye shall vnderstand that this oyle is only the ayre part seperated from the other elementes.
Euonimus.

To make oyle of Saffron.

THis oyle is distilled as the other are, & hath these vertues, if it be dronke with wyne it maketh a man merry and to have a fayre collour, if ye anoynt ỳ tempells of a man that is ouercome with drinke wyth this oyle it wil helpe him, this being anointed

ted on sante Antonis fire it quinceth it, and preserueth the place, this oyle mixed wyth womans milke it stoppeth the running of the eyes, beyng anoynted on the harte it maketh it merie, the head anoynted therewith, it prouoketh slæpe, by reason wherof the auncient Doctors of Phisicke heretofore dyd vse it to such as were mad anoynting their nostrels therewith, it clenseth also olde sores. &c. *Riffius.*

To make oyle of Anyseed.

This oyle is made as is aforesayde, and his vertues are these, being drunke in the morning with a littell wyne, it maketh a swéete breath if ye put a litle into the nostrels when ye go to bed, and anoynte the temples therwith, it taketh away al paines comming of colde and causeth the pacient to slæpe quietly. It is good against wind in the gutes and stomacke & causeth the paine to cease, if ye drinke .iii. or .iiii. dropes, and anoynt the stomack therwith, it wil breake Fleame and cause it to come forthe at the mouth, it prouoketh venerus actes, and driueth forth poyson by sweat: it is most excellent for those that are short wynded and cannot fetche their breathe but with great paine:

paine: It comforteth the breast and lunges It breaketh the stone in the Raines, and is good against the bluddy flix and pylles, yf ye anoynt any cheste therewith it will suffer no mothes to breede therein. *Philippus Hermanus.*

To make oyle of Fenelsede.

THis is made as is aforesayde, and his vertues are these, it is most excellent against all paynes of the eyes in so much yf a mã were almost blynd it wold recouer his sight againe if he drinke thereof once a day, and drope one drope into the eye morning and euening: it maketh a swete brethe and comforteth the head of colde humors: it comforteth the mawe and openeth the Lyuer and mylte that is stopped: it helpeth the dropsie and yellow Janders of what cause so euer they be: In whote diseases ye shall vse it with colde waters, and in colde diseases with wyne. *Philippus Hermanus.*

To make oyle of Comyn seede.

THis oyle is made as the aforesaid oyles are made, and these are his vertues, this

oyle is good agaynſt woundes that pearſe to the ſpleñe, and againſt the wyndy colycke, the which cauſeth the vrine ſomtime to ſtay. Ye may vſe this with ſome licour conuenient, or make it in Panus Chriſti, with Sugar Euonimus.

To make oyle of the ſeede of Rewe, or herbe Grace.

THis oyle is alſo made in the aforeſayd order, and his vertues are theſe. Cardanus wryteth, that this oyle being perfectly made, is of great vertue agaynſt poyſon being dronke with wine: for it cauſeth the pacient to auoyde it by vomit, at the fyrſt time that he taketh it, and at the ſeconde tyme it expelleth the other euyll humours that were infected therewith: and at the third tyme it cureth the pacient, and maketh him hole: and this is done in three or foure dayes. It helpeth alſo all diſeaſes of the eyes, of what cauſe ſo euer it be, in ſo much that the apple of the eye be not periſhed, the vſe of this oyle to the eye, is to annoynt it therewith twyſe a day, or waſh the eye with the water of Rewe diſtilled, and droppe two droppes into the eye. This oyle being dronke, ſuffereth no poyſon to remayne

remaine in a man that day, if a man drinke thereof fasting which is sore wounded and that the other cure be had accordingly he shall easly escape, this oyle beyng dronke, putteth away the goute or dropsie sprongs of a colde cause: It restoreth all nummed members taken with the palsie if ye annoynt them therewith. Cardanus also affermeth in his seconde Booke de subtilitate that there are certaine poysons the whych slay with the onely touching, against which poyson sayth he, the best remedie is not to tary in any place tyll thy hande war hote, but often bathe the partes with warme water, and anoynting them with the oyle of Rewe, not with the common oyle made by expression, but of the sæde of Rewe distilled.

The vertues of oyle of Iuniper beres.

THis oyle is made as is aforesayd, but if it be rectifyed againe it will be an hundred times more purer and more perceing for I haue seene those that could not make their water in three or foure dayes and after they had dronke .iii. or .iiii. drops of this oyle and anoynte there with the Region of the blather presently they made water

for poyſt
ſonid

without any tarying. This oyle is ſo excel-
lent againſt the peſtilence that if any drink
thereof, oftentimes he ſhall not be infected
although he were in the houſe where the
Peſtilence is: but if any haue the Plague
vpon him, let him drinke thereof. iii. or. iiii.
drops with a little wine and lay him down
to ſweate and the next day he ſhall be well
poyſon againe, this oyle is alſo excellent againſte
poyſon ſo that if any vſe to drinke thereof
it will not ſuffer any poyſon to remayne
within his body. It ſtrengtheneth ỹ maw
and all inwarde partes and principally it
warmeth the harte: It ſtoppeth the blud-
Bldy flix die Flyr: It is alſo good againſt all diſea-
ſes of the Kydnes and Blather if ye drinke
it with wyne: It ſtoppeth womens ter-
mes: this oyle beyng anoynted from the
Nauell of a woman to tha priuie partes
and Kaynes of the backe it ſtrengtheneth
for vomyt the Matryx or mother, it dryeth vp ỹ moy-
& ſuffocation ſture therein and prepareth it to concepti-
on. Phillippus Hermanus. In the aforeſaid
order ye may make oyles of all manner of
ſwete herbes, rotes and ſedes.

Fa

To make oyle of all manner of Gumes and first how to make oyle of Mastike.

THis Gumme Mastike ye shall beate in ponder & thã dissolue him in burnt wyne and so distill it with an easie fyre and than seperate the oyle from the water. Some vse to myx a lyttle faire sand cleane washed and dryed with this Gume and so distill it with a soft fyre, some vse to distill it alone in a Retorte of glasse, with a gentle fyre, and then Rectifie it againe and so it will become very faire and clere, and his vertues are these it is excellent agaynst all could diseases of the maw: It comforteth also the Lyuer, and the Mylte, and all other inwarde partes of the bodye, beyng dronke it helpeth those that vomyt or spyt bloud: It consumeth and breaketh all inward sores, this beyng anoynted on the belly, it stoppeth the Flux: It stoppeth womens termes: It is also good for the mother that is fallen downe if ye annoynt it therewith, and also the vnder parte of the belly: It is also good for young children howes arse gutte commeth forth, if ye anoynt it therewith and put it vp agayne: it is also good for those that are burst if ye a-

noynt them therwith and let them weare a trusse fytte for that purpose: It helpeth freshe woundes marueilous quickely if ye anoynt them therewith: It fasteneth the teeth if ye anoynt the gumes therewith: It comforteth the stomacke if ye anoynte it therewith, to be short this oyle hath all the vertues of the Mastike, but yet it is an hundred times of more force that it was afore. Phillippus Hermanus,

To make oyle of Myrra.

TAke pure Rectified Aqua vite without Fleame. xii. ounces and put therein fyue ounces of fyne Myrra that is not falcifyed and so let them stand vi. dayes in horse dunge to digest, then distill away the Aquavite in Balneo and the oyle that remaineth in the bottome thou shalt straine thorowe a fyne clothe and kéepe it to thy vse. This oyle by his naturall vertue preserueth all things from putrifaction that is anoynted therewith: Likewise the face being anoynted with this oyle it preserueth it fayre and youthfully a long time. It helpeth woundes quickly and also diuers inwarde diseases if ye drinke thereof two drammes: It helpeth paynes of the eares,

It

It preserueth the sight of the eyes, if ye put therin a drope or two, it helpeth all paines of the mother, if it be anoynted therewyth. beyng anoynted on the heade it stayeth the heare from falling. if any be troubled with a great feuer let him anoynte all his bodye ouer with this oyle leauing no part vnanoynted: and lay him downe to sweate and he shall be holpe, this oyle dryeth and consumeth all accidence after byrthe three or foure drops beyng drunke it helpeth the colde and causeth a swéete breethe. It is good for those that are shorte wynded: It taketh away the stytche in the side, it stoppeth the Flux of the belly: It maketh a clére voyce, the Arme pyttes beyng anoynted therwith it taketh away the stynch from those parts beyng mixed with wyne and the mouthe washed therewith it strengtheneth ỹ gums & teeth it is good for woundes in the head: if thou wilt vse this oyle to preserue anye part of the body ye shall vse it in this maner first ye shall make a bathe of some odoriferous herbes and syt or bold that parte the which ye will preserue ouer the fumme of that bathe so that the powres maye open, than with a fayre lynnen clothe dryc that part and than anoynt it with this oyle and rube or chafe it in that beyng done if there

remains

remaine any yellownes of the oyle ye may lightly washe it way with white wyne and so it wil preserue thée a long time in youthfull state and without diseases: ye may vse these oyles very well when ye are in a dry stowe or hote house if ye vse it as is afore said Leonardo, Phirauante, et Gualterius Rifius.

To make oyle of Galbanum.

FIrst ye shall chose the purest Galbanū that ye can fynde the which is not falsifyed and dissolue it in pure wyne, than distill it in a gowrde with a head and a receiuer and their wil come forth both oyle and water the which ye shall seperate one from another: and his vertues are these, the nauell of a womans belly beyng anoynted therewith it driueth forthe ths fruite: the face and handes beyng anoynted therwith it taketh away all spottes in them: beyng drunk with wine it helpeth ẏ cough ẏ hath continued long: It is also good against stifenes of the ioyntes: beyng mingled wyth a lytle oyle of Myrra and drunke with wyne it is most excellent against poyson: the nostrelles being anoynted with this oyle preuaileth much against the falling sickneſſe with

with the fewme of this oyle women may be holpe that are troubled with risyng of the mother. Riffius.

mother

To make oyle of Bengimyne.

TAke the best Bengimyne ỹ thou canst get and beat it to pouder thã put there to the purest Aquavite that ye can get without Fleame and so let it stande. vi. or vii. dayes than distill it & thou shalt haue both oyle and water ỹ which are very pleasant eyther to make washing water or to perfeume gloues. Phirauante.

for to make perfume

To make oyle of Storax Liquida.

TAke as muche as ye shall thinke good of Storax Liquida the which is pure and cleane without any filthe and and put it into a gord of glasse with a head and a receaver and so distill it with a soft fyre, & there will come forth both oyle and water, the which ye shall seperate, and kẽpe to thy vse Riffius.

for natural heat of the good

To make oyle of Storax Calamite.

THis oyle is made as ye made the oile of Bengimyne but in stede of Aquavite take Rose water, and than distill it according to arte and at the latter end there will assende a certaine matter like Manna the which is very pleasant and his vertues are these, thre or foure dropes of this oyle be-

ing drunke comforteth the breast & lunges and all inward partes. It helpeth paynes of the mother if it be dronk and also anointed therwith. It stoppeth the rewme that falleth downe to the breast and necke: this being drunke maketh a man merry and of light courage: but beware that ye take not to much thereof two or three drops put into the eares it taking away the singing in them. Rifius.

To make oyle of Serapinum.

FIrst chose that which is pure and clene and dissolue it in wine, than distill it in sand with a small fyre. This oyle is good for the stitche in the side: It taketh awaye the cough that hath continued a long tyme, it helpeth the swelling of the breast whereby the brethe is stopped it is very good for the crampe and warmeth the ioyntes and helpeth paynes in the hype and al such like diseases, comming of colde. It is good for women that haue great payne in theyr chylde byrthe, if ye anoynt her nostrelles therwith for it driueth forth both the quick and ꝑ dead fruite spedely, this oyle drunke with wyne helpeth agaynst poyson and is specially good against the bytting of an Adder: beyng put in the eye it taketh awaye the spottes and clereth the sight, ye shall

note

note that womē with child muſt take great hæde of this oyle. Riſus.

To make oyle of Opoponax.

THis oyle is made in the aforeſayd maner & his vertues are theſe. yf ye drinke thræ or foure dropes with wyne it helpeth the cofe and all impedimentes of the mylt It helpeth alſo all impedimentes in the blather, it helpeth the ſtytche in the ſide, It clenſeth the blather of all ſcabes and ſores, It cauſeth ſpædie deliuery in women with childe: It helpeth againſt wynd in the Matryx & diſſolueth the hardnes of thoſe parts, and cauſeth the paine to ceaſe. Riſus.

To make oyle of Euphorbinum.

THis is made as is afore ſayde, and hys vertues are theſe fyrſte ye ſhall note that this oyle is not to be miniſtred inwardly by reaſon of his great heate, except it be myxed with ſome other thing as if it be mingled with honny it purgeth the belly marueilouſly, It helpeth thoſe that are troubled with obliuiouſnes if ye annoynte the partes therewith: It drawyth forthe thornes and ſuche like out of the fleſhe: It helpeth the byting of an Adder: It is alſo good for ſtifenes of the Joyntes commyng of colde if ye anoynt it therewith. Riſus.

To make oyle of Succinum or Amber.

Take yellow Amber and beate it to pouder and put it into a vessell of glasse wel luted with a head and a receauer and geue it gentle fyre according vnto arte and there will come forthe both oyle and water and salte the which ye shall seperate one from another. This oyle beyng well distilled is good against paynes of the head and resolution of scinowes and against swymming in the head and falling sickenes if ye drinke therof three or foure dropes in the morning with water, it preserueth a man from all poysons and pestiferous ayres if ye anoynt the nostrelles therwith, or put into some medicyne fytte for that purpose: It is excellent against diseases of the Blather and Raynes and dryueth forth the stone & prouoketh vrine if ye drink it with malmesye or pereele water or such like: It helpeth the collicke and choking of the matryx, if ye anoynt those partes therwith: It dryueth forth the fruite and causeth a woman to be fayre deliuered if ye drinke three or foure dropes with water of enuye, it is good against all Flures of the heade, &c. Guintherus Andernaci.

T.

To make oyle of Frenkensence.

TAke Frankensence as much as ye will and put it in a Retorte of glasse and put therevnto for euery pounde of stufe foure ounces of sand and than distill it accordyng to arte and you shall haue both a fayre oyle and water the which ye shall seperate, this water is good against chopes in the handes and fete if ye washe them therewith and anoynt them ouer with the oyle against the fyre and strayte wayes put on a payre of gloues and so doynge three or foure dayes they shall be holpe, this helpeth simple woundes in three or foure dayes if ye anoynte them therewith and lay thereon a clothe wet in the same, it preserueth flesshe from putrifying and alteracion and taketh away the paine, It helpeth all aches and bruses if ye anoynt them therwith ye shall note that ye must tent no wound wherein ye occupy this oyle for it will heale it presently. Leonardo Phirauante.

To make oyle of Turpentine

TAke pure clere Turpentine as muche as ye shall thinke good and put it into a glasse so that three partes be emptie & put therin a certain quantitie of sand as much as ye shall thinke good, than geue it a gentell fyre and there will come forth a clere

oyle like water with the which oyle there will also come forthe a yellow oyle, and after that there will come forthe a red oyle, the fyrst oyle is hotte the second hotter the thyrd hottest of all and not so good to occupie inwardly as the fyrst Phallopius in his Booke of secretes wryteth that this oyle healeth freshe woundes in .24. houres if ye anoynt them therewith: It is also good against contraction of sinowes commyng of colde: it prouoketh vrine if ye drinke one dramme of the fyrst oyle in whyte wyne, it breaketh also wynde in the body and dissolueth the plewresye and also a pestelent Feuer, it prouoketh an appetyte if ye anoynt the stomacke therewith. Phillipus Hermanus wryteth that this oyle beynge dronke is good against all colde cawles and fylthines of the maw and dryueth away a stinking brethe, It helpeth the coffe, ye shal note that the white oyle may be occuppyed inwardly but not the second nor third.

To make oyle of VVax.

TAke newe yellow Wax as muche as ye will and melt it on the fyre, then cast it into good swete wyne then wryng it harde with your handes and melt it agayne and than cast it againe into freshe wyne & thys do .v. or .vi. tymes than put it into a glasse well

well luted with his head and receaner and
distill it according to arte and thou shalte
haue a goodly yellow oyle lyke golde, but it
will congeale like pappe vntil it cometh to
the fyre and than it wil be fayre and liquid,
but ye shall vnderstand that for euery pound
of wax ye must put therevnto foure ounces
of the ponder of brykes whan ye put them
in your glasse to distill, the vertues of thys
oyle are these, Ramend Lull, greatly com-
mendeth this oyle approuing it rather to be
a celestiall or deuine medicyne than hu-
maine, for because this in woundes worc-
keth moste myracolously, which for his
marueilous commoditie not so well to be
vsed of the common Chirurgians because
this precious oyle healeth a wounde be the
same neuer so bygge or wyde beyng afore
wide stitched vp in the space of a leuē dates
or twelue at the most, but those that are
small this oyle healeth in thre or foure
dayes by anoynting onely the wound ther-
with and laying thereon a clothe weate in
the same. Also for inwarde diseases thys
oyle worketh myracles, for if ye geue ther-
of one dramme at a time to drinke wyth
white wine, it stayeth also shedding of the
heare eyther on the head or beard by anoin-
ting the place therewith, moreouer it is
my-

myracolous in prouoking of vryne whyche is mightely stopped: It helpeth also stytches and paynes in the Loynes if ye drinke the afore saide quantitie with white wyne It helpeth a colde goute and sciatica and all other grefes comming of colde, ye shal vnderstand that if this oyle be rectifyed it will congele no more, but it will be so hotte and percing ỹ it will be scarse possible to drinke it downe but beyng once distilled ye may safely vse it inwardly.

To make oyle of Lignum vite or Guacum.

THou shalte take the freshest wood that thou canst get and make it in fyne pouder then put it in a vessell of glasse and lute it very close than set it in horse dong or in balneo to disgest than take it forthe and distill it in sande according to arte and thou shalte haue a clere water and a fayre oyle that at the last change thy receyuer & augment thy fyre vntill the forth degrè vntyll the stuffe be burnte into asshes, than take that asshes and make thereof a strong lye with fenmetory water and when thou seest that the asshes will make the lycor no more sharpe than take that lycor the whiche ye haue and let it settell tyll it be clere than distill it with a fyller thre or foure tymes, than put it into a great body or some other vessell

vessell of glasse and set it on a smal fyre vntill al the lycor be consumed and than thou shalt fynde a salt in the bottome, the which salt ye shall dissolue and congele so long till it be verye fayre and white as salte geme than kæpe it to thy vse, this is good against the goute, Por. and passe as ye may plainlye read in the Chirurgery of Paracelsus where he intreateth of this woo.

To make the oyle or licor of Honny.

YE shall vnderstande that there is a certaine quintaessence to be made of honie the which is myracolous and of wonderful vertues and the order to make it is thus, take pure honnye that is without anye fylthe or euil sauor and that is gathered on a pleasant grounde and put it into a great vessell of glasse so that foure partes of the glasse may remaine emptie, and loke that the glasse be well luted than set thereto a head and receyuer and geue it fyre vntyll there appeare certaine white fewmes, the whiche will turne into a read water, if ye kæpe the head & receauer colde with weat clothes and when all the substance is come forthe ye shall put it into a glasse & so kæpe it close vntill it be come very clære and to the coullour of a Rubine, than rectifie it by Balneo and distill it at the least vi. or vii.

times, so it will come to the coulour of gold and will haue a marueilous pleasant sauor and then this quintaessence will dissolue golde and make it potable and likewyse all other sortes of Iuelles that is put therein, and therefore this is a blessed licour, for if ye geue any that were at the poynt of death two drams or thræ of this licour, presently it will recouer them, as well as wyth the quintaessence of wyne, if ye washe anye wound or sore with this presently it taketh away the paine: it is also good against the cosse and cattare and paine of the mylt and many other diseases the which I wyll not wryte of for if I should write those thyngs that I haue sene done with this lycor: they would not be beleaued: if ye distill thys lycor twentie times with pure siluer in balneo it wil restore sight vnto those that were almost blynd: moreouer I gaue it forty sir dayes vnto one that had the Palsie and he was holpe: it helpeth also the falling sickenesse and preserueth the body from putryfaction and therefore by this we maye see that this is a heauenly remedie sent from God aboue, and therefore I woulde wishe euery vertuous man to take a little paines to be expert in making of this lycour as I haue done and he shall do myracles therewith

with for I haue geuen it many times that fewe did perceiue it and afterwarde they thoughte that I had wrought by inchantement for his working was so strange and myraculous, It comforteth the stomacke & extinguisheth all Feuers, It helpeth the collick, It breaketh the stone in the raines and prouoketh vrine, there is nothing in the world that preserueth the heare of the head and causeth it to be as fayre as the angell golde more than this lycor dothe if ye washe the heare therewith foure or fiue times and let it drie in the same. Leonardo Phirauante.

To make oyle of Butter.

TAke new freshe Butter as muche as ye will and put it into a retorte of Glasse wel luted and geue it fyre according to arte and there will come forth three lycores the which ye shall seperate, this oyle doth penetrate maruellously, it taketh awaye the paynes of the goute if ye anoynt therwith, if ye anoynt the face or handes therwith it maketh them very faire, It is also good for those that are troubled with a cattare if ye geue them one ounce therof fasting for presently it aryueth to the stomacke and mollifyeth the cattar in such order that he shall spit it forth at ỹ mouth. Leonar. Phirauãte.

To make oyle of Egges.

THis oyle being well made of the yolkes of Egges is a lycor of greate vertue in diuers and sundry causes, and it will neuer consume, it serueth also in Alcimia to fyx there medicens that are volatill and the order to make it is thus, take Egges and sethe them hard than take out the yolkes & stampe them in a morter, than put them in a vessell of copper and set it ouer the fyre & continually stir it, vntil such time as it turneth all to oyle, & when thou sæst it turne into oyle, presently presse it thorow a canvas & kæpe it to thy vse. This oyle helpeth woundes with great spæde: It maketh the heare of the beard or head blacke. It taketh away the scicatrise of wounds: It taketh away paines of the emerods.

The order to make oyle of briks otherwise called oleum philosophorum delateribus vell aleum benedictum.

THis oyle hath the vertues of the naturall balme against all cold diseases, and may be occupied in steade of balme, if it be well distilled, & the order to make it is thus take the newest brykes that thou canst get that neuer touched water & put them in the fire vntill they be redhotte, than quinch thē in swæte sallet oyle or oyle of roses, & whē they

they are quinched take them forth and put them in the fire againe & let them lye vntil they be red hotte than quinch them in that oyle againe, & let them lie vntill they wyll drink no more, than put them in the fire againe & quinch them again and this ye shal do at the leaste vi. or vii. times & at the laste time take them out of the oyle and stampe them to pouder & put them into a retort of glasse well luted and distill it according vnto arte & thou shalt haue a precious oyle, ye shall note that some for luker of gaine doe put in the oyle on the brykes in the retorte and some other doe stepe them but once & also put on the oyle the which they ought not to do, but to take only the dry brikes after they haue byn quinched vi. times, some write that the older this oyle is the better it is and it hath these vertues, It helpeth al cold aches if ye anoynt the place therwith, it helpeth freshe wounds mightely if ye put therein these herbes which are appropriate for ỳ purpose, it helpeth chops in ỳ handes or fete cõming of cold or winde, it is good against paines of the seinowes & goute, it helpeth the stone in the blather & raines if ye vse to drinke it oftentimes and anoynt the partes therwith, it prouoketh vrine, it helpeth paines in the eares comming of colde,

it helpeth also against wozms in the eares it rypeneth al impostumes if ye put therto the rote of a white lylie, it helpeth against the falling sickenes if ye anoynt ỹ nostrels therwith, it helpeth against al paines of the head cõming of cold if ye anoynt the parts therewith, it dryueth forth the dead fruite, it helpeth a colde coffe if ye drinke thereof. It helpeth against the byting of any venimus serpent if ye anoynt the place therewith, if fyshers anoynt their nettes with this oyle it will cause the fyshes to follow the net, it is good for those that haue dronke opium or henbane, it is good for those that spit blud or pis blud, it dissolueth blood congealed in bruses, with this oyle ye may make a candell that neither wind nor water can put it forth, ye shall take weke or cotten and wet it in this oyle and than with war or tallow make a candell, the which will burne in water. if ye mixe this oyle with pigeons dunge & anoynt a sticke therwith and laye it in the sunne it will kindel fire of it selfe: Also if ye take calker vyfe & brimstone & of this oyle of eche a like, and mix them together and make therof balles and cast them into water and straight waies it wil kindle on fire. Diodorius Vchinius. This oyle saith Phirauante beinge annoynted on the

rupture

rupture in shorte time it cureth the same, it dissolueth all paines and hardnes, the fesese the which remaineth in the bottome, if they be layde on an vlcer presently it doth consolidate. &c.

To make oyle of Tartar.

TAke Tartar of white wine and set it to calcine in a furnes of calcinacione, till it be as white as snowe, than lay it on a marbell stone in the aire and it will turne into oyle the which ye shall kæpe close shut in a glasse for this is perfecte oyle, some vse to burne this but black and then mix it wyth vineger to falsifie it, and othersome burn it with commõ salt, but those two wayes are not profitable this oyle is very sharpe and corosiue and when ye will occupie it to take away spots in the face ye shall mix it wyth some other kynde of water: this oyle also taketh awaye all spottes in clothe if ye washe them therewith. It mundifyeth vlcers if ye washe them therewith: It helpeth against all euill disposicions of the stomacke if ye drinke one scurpell wyth two ounces of mell Rosarum and thræ ounces of Rose water in the morynyng fastinge. Phallopius.

To

To make oyle of vineger.

YE shall take Vineger that is made of pure wine and distill it according vnto arte and than take the fesses that remain in the bottome & drie them, than burne them tell it be come white than take that ashes and lay it in a moysie place and it will dissolue into oyle the which is of suche a marvellous vertue for mans body that it is not to be credited, for if ye drinke thereof a lytell quantitie it breaketh grauell in the raynes and blather: this secret was neuer found til this time of no man, also Vineger being distilled with a little oyle of Tartar and Aquanite, maketh the face faire. Leonardo Phirauante.

FINIS.

These oyles with a number of others are to be solde at the signe of the farneseles adioyning to Powles wharfe at the dwelling house of John Yester, practisioner in the arte of distillacions.

1575.

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